



MAY 2018

Young locals on the move ...

RELAY FOR LIFE 2018



On 17 and 18 March a group of Otamatea High School students and staff travelled up to Trigg Stadium in Whangarei to participate in the Relay for Life 2018 to support raising money for the Cancer Society.

The event involves team members walking around a track for 18 hours with at least one person in each team walking at all times. These people are sponsored to raise funds.

A highlight of the event was the survivors' lap in which we, as a team, performed the school haka. Cancer survivors of all ages and backgrounds came together to walk the track and celebrate their victory over this terrible disease.



A significant feature of the relay was the remembrance lap. This was where we took the time to remember those we have lost. Everyone who participated in the Relay was given a candle bag to decorate several weeks earlier. During the lap the candles were placed around the walking track as a symbol of remembrance. The reality of the impact of cancer really hit us, with only the light of the lanterns all the way around the track – so many people lost to cancer.

We had an amazing time despite the rain and are proud to say we raised over \$5000 as a group. Many thanks to all those who sponsored our team through the muftiday, bake sale and donations given. A huge thank you to Nikki, Mr Burnell and Natalie Birt for the long hours they put in organising our team prior to and at the event making it the great success it was.

Annamarie Holst and Natalie Birt (condensed by Paparoa Press)

WHAT A TALENTED FAMILY!



Northland Secondary Schools Athletics Championships

- Amyee Sheppard
 - 1st 2000m steeple chase
 - 3rd 400m intermediate girls
- Joshua Sheppard
 - 1st 800m
 - 1st 1500m junior boys
- Isaac Sheppard
 - 1st 2000m steeple chase
 - 4th 1500m senior boys

FUN RUN WALK IN PAPAROA

It wasn't a race, but that didn't slow down the young people who powered along the track in the Paparoa Sports and Recreation Association (PS&RA) Fun Run Walk on the afternoon of April 7th. Paparoa enjoyed a brilliantly sunny autumn afternoon, making the water station at the top of the hill much appreciated. Marshals from the PS&RA, local farmers and Lions club members made sure that everyone went the right way, and arrived back safely. The youngest of the 60-or-so participants was less than one year old and the oldest was over 80 years. They all enjoyed the chance to get out and see parts of Paparoa that they would not normally see. The PS&RA committee was delighted with the response and they will aim for twice as many participants next year. The group raised a few funds from the event, but mostly the focus was to see locals and visitors out and about being active and making the most of the beautiful surroundings. Numerous spot prizes were handed out after the bbq and Roxanne Kelly from Sport Northland was on hand to discuss with locals what other events or activities they may like to see in the future. If anyone has ideas about this do get in touch with Libby 431 6822, or Roxanne at Sport Northland.

Participants relaxing after the Fun Run Walk from left: Luke, Josh, Isaac and Amyee Sheppard



Libby Jones

Paparooa Press PP

PUBLISHED MONTHLY BY
Progressive Paparooa Inc. (PPI),
for Paparooa, Pahi, Matakoho,
Whakapirau and Tinopai.

CIRCULATION 1,040

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Editor Wanted!

Is desktop publishing your thing?

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The **Paparooa Press** is an important part of the local community and provides:

- a vital source of information specific to our part of the Kaipara.
- a vehicle for sharing local knowledge on ... history, the environment, group activities, events & attractions and so on
- a platform for local service providers and businesses to reach potential customers ... in other words, **reaching your community.**

The Press is looking for a new editor (a modest remuneration is provided) please contact

press@paparooa.org.nz

Apology

Progressive Paparooa Inc extends its sincerest apologies to its readers, contributors, advertisers and the local community for the delay in the printing of the April issue of Paparooa Press. Unfortunately, just at the moment of publication, the printer developed a major fault, there was no spare part available in New Zealand and it took ten days for the problem to be resolved.

This is the first time ever that Paparooa Press has not met its deadline. During this time it also came to our attention that some members of the community had been accosting Robyn in her shop with unwarranted and unnecessary comments and demands about the delay in printing. We remind everyone that Robyn is a volunteer who does a wonderful job printing the Press for the community as well as running her business.

If you have any comments about the printing of Paparooa Press phone Graham Taylor 09 431 7209 or Mary Stevens 09 431 7123. PP

Matakoho Bridges update

Fulton Hogan advise re progress on the Matakoho Bridges Project:

Drivers passing through the 'Matakoho Bridges' site will have noticed significant changes to the limestone quarry where we continue to cut material which is used for access roads and to form the base layers of the road realignment.

Rock armour (large rocks laid against the outer edge of raised material for strengthening and containment) has been laid in several areas across site including alongside both waterways. Further sediment and erosion control measures have also been installed including more sediment ponds.

The earthworks team have constructed temporary access roads and laydown areas to begin building the new bridges and the smaller of two cranes (100T) arrived to site, having come directly from the Kaikoura Recovery (NCTIR) project.

A 300T crane has arrived which will be used to help construct Bridge No.2.

Bridge No.1 (55m) will be constructed using the temporary access pad and the limestone embankments where piling is scheduled to commence in the coming weeks. Bridge No.2 (190m) will be built using a temporary bridge on the southern side; construction of this staging is scheduled to commence in May.

Piling works at both bridge sites will continue throughout the year. The permanent piling is planned so that while Bridge No.2 staging is being constructed the piling rig constructs Bridge No.1 then moves onto Bridge No.2.

While every care is taken to secure the worksite, please don't let children enter the construction area. As much as practicable, we ask that children avoid walking or cycling along this section of the SH during project works.

Please remind children that should they need to walk or cycle adjacent to site then they need to be aware of increased vehicle movements and take extra care.

Work hours will continue to be generally 7am to 7pm Monday to Saturday. Please contact Jenny Scott, Liaison Manager, Fulton Hogan whenever you have any queries about our works, 0800 900 007 or www.fultonhogan.com



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Business and organisation listings appear in the 'Local Directory' section of the Paparoa website.

Your listing is important for locals as well as newcomers to the district - and is provided **absolutely free** as a service, by Progressive Paparoa Inc. Describing your business fully and accurately in the description area will give you the best results.

If you already have a listing: check that it is accurate for ownership or name, phone numbers (up to 2 landline & 2 mobile no's), address (map shows your location), email address. Add or change your logo and website or Facebook page. If applicable, update your business description including hours of business, what you can do, specialties etc. You may want to add a menu if you are an eatery etc.

If you have closed down and no longer need it: please have your listing removed.

New businesses welcome.

To update your listing or add a new one:

click on <http://paparoa.org.nz/local-directory>

Select the category that suits best or the one that you are already listed under. At the top of each category page is an [+ Add your listing here] link which will take you to an online form where you fill out your business or organisation details.

Press the [**Submit**] button and you are all done!

If you are unsure or have difficulty email me paul@sme-sitedesign.co.nz

Paul Edlin, Administrator
Paparoa Website

Back to School

It is great being back at school after a fantastic school holidays.

Term 1 ended with all students enjoying a fish-and-chips lunch from the Village Caff as their reward for participation in all the House team games and activities during the term.

Pohutukawa House won the House points competition with each team member receiving a LEGO set as their prize. We have received the delivery of compost from the Fonterra Grass Roots Trust grant we were awarded last year so we are now ready for

the next stage of our food forest/orchard development.

We are all looking forward to our whole school camp at the Tangihua Lions Lodge 9-11th May. This camp complements both our Enviroschools and PB4L programmes.

Our BoT is pleased to welcome Janine Bird and Hayley Hutton as our two new elected parent trustees.



Lions Bush Walkway

Walking the Lions bushwalk will be drier this winter. The flat area before the bridge into the bush has been notoriously 'boggy' for walkers and the mower. Drainage work has been carried out recently, including a large culvert across the track. Thanks to Owen Stevens with his digger, Lions member Jim Rowlands, and Carters for their help with the pipe.



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Free Shopping Trip to Whangarei - Wed 23 May

No parking or traffic worries, come with us and enjoy the outing. Leaves at 9.30 returns 3.30-4pm, ph 431 9080 to book a seat.

Would you like help with your budget? Come along to the Community House, share your stories and get ideas on how to manage your debts, pay rent etc. We have people who can help with making your money stretch, show you how to shop smarter; suggest ways to make inexpensive meals etc.

For more information, phone 431 9080.

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Winter power saving tips

As winter sets in we'll find ourselves facing growing power bills. In 2017, the average kiwi household spent \$2101 on power, about \$160 per month. Shorter days mean lights on earlier and falling temperatures mean heaters and electric blankets are being used.

So, how can we keep our power usage down?

Change to LED lights:

They're a greener option, more energy efficient (using up to 80% less energy, and last 25 times longer than incandescent lighting).

Switch off at the wall:

Household appliances still chew up energy when in standby mode. Save yourself cash by switching off at the wall when you're finished with them.

Get your timing right:

Use your heated towel rail just 4hrs each day. Programmable timers can help keep losses to a minimum.

Monitor your usage:

Cutting down your power consumption can be difficult. A range of products can help you monitor your electricity consumption around the

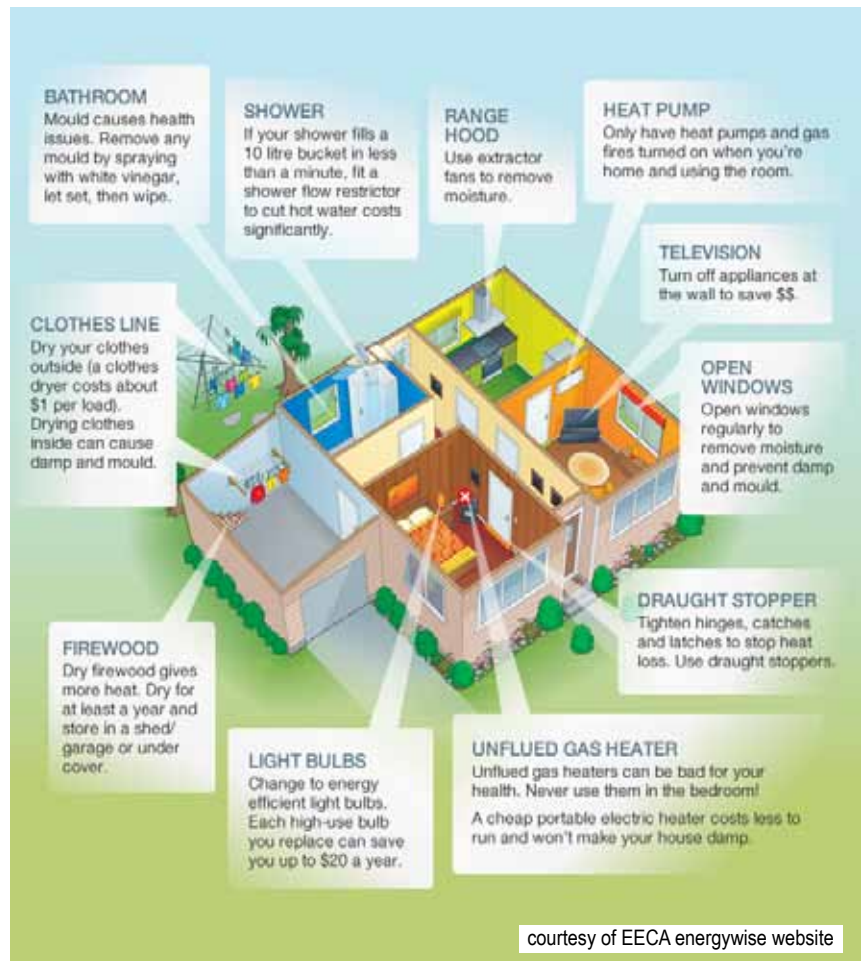
clock via an online app. eg: a PDL product called Ecomind allows you to keep track of consumption, analyse usage and learn how to save energy. It's also a great way to teach kids about saving power.

Maintain appliances:

It's hard to resist the comfort of a natural gas heater or reverse cycle air-conditioner. But these appliances can have a significant impact on your energy bill when they're not properly maintained. Check your fridge, freezer and oven seals to make sure you're not using additional energy due to a leak.

Take faster showers:

A long, hot shower is hard to resist. But research shows hot water accounts for 21% of all energy used in the home. Keeping shower lengths to a minimum (ideally two minutes) is a quick and easy way to downsize your bill. A 15-minute shower costs around \$1, a 5-minute shower around 33c. So a family of four could save around \$18 a week, or \$900 a year, just by taking shorter showers.



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Drawn on 31st May 2018

Otamatea Repertory Theatre

A great afternoon of entertainment played to a good attendance at ORT's final presentation of four One Act Plays. These plays (two written and directed by locals) brought us argument, laughter, intense sadness and burlesque.

The first *The Argument* taken from Jane Mander's novel *The Strange Attraction* was set in Dargaville's early days. That was some argument! Good to see a vignette of a little risqué early NZ life on stage.

We enjoyed hearing more about the theatre and about each play during the interludes.

Trash and Treasure reinforced the saying 'One man's trash is another man's treasure'. A great idea to represent the objects for sale as 'humans' with feelings, discussing their possible futures with one another as gradually they were 'bought' or otherwise. Well put across with the actors dressed appropriately and grouped together! The ending was quite a surprise too!

I Never Saw Another Butterfly was emotionally wrenching, relating the tragedy of the Nazi

annihilation of Jews through the experience of a little girl during the second world war. Paintings done by the children and actual photos taken during the holocaust were projected on the backdrop, adding to the sadness and horror of life in the Jewish ghetto of Terezin. Congratulations to Brittany Dyer and her team on an excellent interpretation of those dreadful years.

The New Wing at Elsinore allowed us to put away the tissues and gave a taste of post Shakespearean levity and burlesque! Brilliant acting, great costumes and a lot of fun. Well done ORT! Congratulations! You have a great team – producers, actors, costumers, make-up, back stage and lighting crew and music arranger etc. I look forward to your next production - the musical *Into the Woods*. PP



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What's on at The Kauri Museum

The Kauri Museum advise their current programmes and events:

DIY School Programme at The Kauri Museum:

Recycling enthusiasts turned out in numbers for the latest school holiday workshop. Devised in the Collections department with assistance from volunteer members of the engineering group, the project was to make and upholster a small footstool using left-over materials.

Big grins and looks of pride on all young faces at completion of the project were a sure sign of the success of the day.

The Kauri Museum thanks all the volunteers who helped make the workshop such a success. A special thank you to Ray Wearmouth of SleepSystemsNZ Ruawai, for the gift of all timber, packing and upholstery materials used in the making of the footstools.

Biennial Fundraising Event: *Shane and the Shazam Band* are back in Matakoho for another great night of music and dancing.

Saturday 5 May, from 7pm at Matakoho Hall.

Funds from this night will go towards The Kauri Museum collections storage project. This museum, like many others, suffers from a severe shortage of secure storage space for collection items not currently on display. A suitable space has been identified and now awaits an upgrade.

Tickets can be purchased at the museum or Skelton's Drapery, \$50pp (discount for table of 10). A delicious continuous supper will be served throughout the evening. Enquiries: admin@kaurimuseum.com or 431 7123.

Lisa Tolich

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St John farewells Judy

On 21 March, the local St John held a pot-luck dinner to honour Judy Eagleton, who has retired after nine years dedicated service as an Emergency Medical Technician (EMT) with St John.



Judy Eagleton, St John technician

During the last three years alone, Judy attended more than 250 emergency incidents and spent approximately 780 hours on the road, mainly during night shifts.

Judy has been a well respected member of the Kaiwaka ambulance station and will be sorely missed. We will remember Judy for her flexible attitude in covering night shifts at short notice, for her enthusiasm in helping others in their training, her excellent clinical knowledge and her great attention to detail.

Judy, we wish you all the best in your retirement and thank you for all you have done for St John and the community during your time with us.

Cath Barr

St John Penguin Cadets

Last year we worked on our International Understanding badge. Cadets learned about different cultures, and on the final night of term they brought food from their country of origin and we shared in a wonderful feast.



Jasmine O'Keefe and Olivia Alcock

These are just two of our Penguin cadets winning at last years St John Youth Northland Competition.



St John Youth has turned 90, this was a puzzle the cadets put together.

For more info contact Divisional Manager Nyree Alcock, Maungaturoto St John Youth Cadets 027 504 5874 / 09 431 9040.

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Easter Raffle results:

Kaipara Marchers Easter Raffle

Winner of Petrol Voucher 37D Green Star Lyn
Winner Grocery Basket 17E Green Star Bobby
Winner of \$100 voucher 75E Green Heart Brian

White Rock Gallery Easter Basket Raffle

Winners were Sarah Wells and Ralph Williams, both from Pahi

These two organisations thank you all for your support of their fundraising activities.



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Easter Antiques & Artisans Fair

The Easter Saturday Antiques, Collectables and Artisans Fair started as a 'what if' over a couple of glasses of wine on a Sunday afternoon between two friends - and turned into a fantastic project to bring the Fair to Paparoa.

Many hours of organising followed, and wondering if the Fair would be supported and would it be a success.

Louise and I plan to hold the event every Easter Saturday and the first weekend of December every year, with the Christmas Fair including Antiques, Collectables and Crafts inside and outside the Paparoa Hall - all with Christmas in mind.



We have to say it was a resounding success, much to our relief and delight. We had 15 participants on site, all with a very high standard of antiques, collectables and artworks for sale. Approximately 500-600 folk came through the doors. Pretty darn good for our inaugural event!

Thank you Paparoa for all your support. There were two very tired but very happy ladies after the event.



The SPCA raffle was won by Mrs Margaret Mulholland. The amount of \$208 was raised, and food for the SPCA purchased. Louise Allpress took all this along to SPCA Whangarei where it was gratefully received.

If you would like to participate in the December Fair please contact Lorraine Richardson on 027 426 4737. We will see you all again at the Christmas Fair.

Lorraine & Louise

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Rotary and The Den - combined Auction

Queen's Birthday Weekend - Saturday 2nd June
 Maungaturoto Centennial Hall

Rotary and The Den will hold their combined Auction on Sat 2nd June - Queen's Birthday Weekend - at the Maungaturoto Centennial Hall.

This will be an auction of quality second hand goods. All proceeds will go to the Dementia Centre Project.

Anyone with items to donate please ring Albie Paton 09 431 8148 or text Stella on 021 149 0877 and she'll pass the message on.

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What's Not

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Karaoke at *The Thirsty Tui*

Paparooa Hotel reported on their recent competition:

Heaps of fun was had by all at the Thirsty Tui Paparooa Hotel Karaoke competition held in March. Winners chosen at the final:

In first place: Alex Grace

In second place: Sammy Llewellyn

Now that the cold weather is on its way, we've brought back our Winter Menu with lots of favourites like Kaipara Flounder, Paparooa Pub Sausage and Southern Pulled Pork, and we've also introduced Southern BBQ Pork Ribs. Plus our premium burgers and gourmet pizzas and Po' Boys.

Come and check out the Community Book Exchange just inside the lobby! And watch out for our Quiz Night in June!

Matakohe Cycle / Walkway

A group of fifteen people turned up at the Matakohe Hall to discuss and form a Matakohe Group interested in a project to continue the Ruawai Stopbank Cycle/Walkway to the Matakohe Bridges Trail.



The meeting was chaired by Alex Tetzner, President of the Maungaturoto and Districts Rotary Club.

Stella Clyde gave an outline of what was happening at Ruawai and a view of the big picture – A Cycle/Walking Trail from Kaiwaka through to Dargaville – with each section being managed by local communities – to increase tourism opportunities and jobs for rural areas.

The Matakohe Community Group under the Environs Inc. has picked up the challenge.

The decision was made to form two committees to work on the proposal – one to plan the route for the trail and one to work on finance and administration. The Kauri Museum will supply a supporting role.

The group will meet again on June 21st, 4pm at the Matakohe Hall to discuss progress.

If you are interested in being part of this project please contact:

Alex at mathouse@xtra.co.nz or Stella stella.clyde@gmail.com or turn up to our next meeting. PP

Libby's Councillor Corner



One of the things I enjoy about being a Councillor is the opportunity to hear residents' and ratepayers' views about their community, their organisation or their part of the district.

It helps me to understand how the decisions that Council makes impact directly, and how we can set policy to make the experience of living and working in Kaipara more positive. So it has been great attending the long term plan meetings around the district, reading through the 274 submissions and hearing the oral submissions. I am naturally an optimistic, positive and solution focused person so I have appreciated the ideas and views that can move our district forward and improve how we do things.

Being on the district health board is equally rewarding, but there is little opportunity for community interaction and gaining such views on health services and processes. While we do have a lot of interaction with health providers and internal services, I also find it helpful to get local feedback on the issues affecting people in our area, so do get in touch if you have something to share.

This month as well as the long term plan issues, we have also been looking at further training needed for Councillors, and the required representation review which will determine how our district local government election boundaries need altering to match the changing population in our district. More information will follow shortly about getting your views heard on this issue.

Libby Jones, Councillor KDC
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Book Review

TITLE: *Eleanor Oliphant is Completely fine*

AUTHOR: Gail Honeyman



A lovely read. An heroine who is different, funny but ultimately very strong.

I really enjoyed this character and the slow revealing of her past, the way she has learnt to live her life based on the damage done to her. A story of cruelty suffered, sealed over, seemingly invisible. Yet ultimately, Eleanor has the courage to change her life, small step by small step.

Deb

La vie en rose

A thing of beauty is a joy forever

Fossil evidence indicates that our beloved rose has been about for approximately 35 million years. The earliest known depictions of it survive in frescoes from the 13th century, and garden cultivation seems to have been in progress for 5,000 years. (Although the hips must have been gathered for their nutritional and medicinal value long before.) In other words, despite some challenges (namely men with chainsaws!) the rose is an ancient survivor.

She has been a symbol, a metaphor and a communicator of beauty and love. She is part of our language, literature and traditions. Sub rosa, Latin for "under the rose" indicates secrecy or confidentiality. This belli seems to trace back to the Greek myth of Aphrodite giving a rose to her son, Eros (god of love). He, in turn, gave it to Harpocrates, the god of silence, in exchange for keeping secret his mother's (and other gods') various indiscretions. Thus, the rose has gained associations with both love and secrecy. Rose petals may be scattered at weddings or strewn in baths. The rose petal strewing at weddings may be associated with both fertility and beauty while petals floating in the bath may stem from Cleopatra's habit of scattering rose petals throughout her living quarters. The idea being that whenever Marc Anthony saw or smelt a rose on his travels he would think of her.

The Arts are full of references to the rose and all her meanings and beauty. Shakespeare's adage, "a rose by any other name would smell as sweet" is still immediately understood. Robbie Burns wrote "O my luv's like a red, red rose". And how often do we find cards with that inscribed within? Edith Piaf sang of "la vie en rose" in France, lyrics that claim "A world where roses bloom". Edouard Manet painted the beautiful "Two roses on a tablecloth" 1882, and famous rose perfumes have been created by: Lanvin, Chanel, Dior, Lancome and Jo Malone to name just a few. How impoverished would our world be without the rose.

35 million years later the rose is still everywhere, she has sent runners throughout our world and continues to enrich all our senses. In fact, Heritage Roses societies are now established throughout the world in order to research and safeguard the ancient rose and its' stories. We have branches in NZ and the national conference will be based in Whangarei this year. (Check out the Heritage Roses website for details, HRNZI). Totara House in Wharf Rd, Matakohē has a range of these historic beauties as does the garden around Coates' church, also of Matakohē, with dedicated supporters constantly tending their needs. La vie en rose!

www.heritageroses.org.nz

Health & Beauty

What is LED Light Therapy?

LED Light Therapy is one of my favourite and most popular treatments, and without fail, every new customer that comes in is fascinated by the technology.

So here it is, deconstructed:

LED stands for Light Emitting Diodes and was discovered by NASA in the early 1990's when they were conducting research to grow plants in space. Their research showed that red LED wavelengths could boost the energy metabolism of cells to advance plant growth and photosynthesis.

When NASA determined that red LEDs could speed up plant growth in space, they went on to research the possibility of using LED lights on human cells to help stem the loss of bone and muscle mass in astronauts, which occurs during long periods of weightlessness. In space, the lack of gravity slows down cell growth, so any wounds would be extremely slow to heal.

It was found that LED light therapy could accelerate healing and keep what would be termed as minor wounds on earth from becoming mission-catastrophic in space.

The technology has since been used extensively in medicine to speed up wound healing post-surgery. The rejuvenation of healthy skin too is a natural progression.

Apart from it being scientifically tested and proven, another reason for it being one of my favourite treatments is that

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Little Kiwis Move 'n Groove advise a change of venue:

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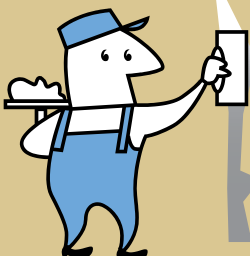
it's extremely safe, great for all skin types, colours and conditions.

The two main lights most commonly used are: red as it stimulates collagen to help minimize fine lines, reduce redness. And blue light kills propionibacterium acnes, the bacteria that lives below the surface of the skin and is responsible for acne.

Nina Quan.
Beauty & Skin Health
Therapist,
Skin Image

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Noxious weeds in Northland

We thought we'd take this colourful opportunity to show just a few of the weeds which are a problem locally:



Tree privet



Woolly nightshade (tobacco weed)



Eleagnus



Wild ginger

There are of course many more, but if you find any of the plants featured here growing in your garden or nearby, remove them and dispose of them carefully. PP



Arum lily



Agapanthus

Otamatea Day Camp 2018



So what do you do with 180 6-12 yr-olds, 30 teenage leaders and numerous adult helpers for 3 days? Otamatea Day Camp down Paparoa Station Road on the Millar's Farm is what you do with them. Three days of great fun, learning about God's love for each one of us and making new friendships.

We have had a blast. We are all exhausted from non-stop activity, being out in the great outdoors and making bush huts. We have go-karted, done craft activities, ridden horses, built dams and rafts, shot some arrows and even made creations from coke cans. Too many other activities to name but you can see why we are all tucked out.

Without the local churches, support from our communities, individual donations and God's blessing, none of this would happen. So, from all the community kids who attended, a huge thank you to you all and see you all next year.

PS: If your kids have lost property it will be here for 2 weeks then it will be donated to a charity shop, phone me on 021 145 5776.

Debbie Blythen



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The Old Ghost Road - walk / cycle track - Lyell to Seddonville, the longest track in NZ



Local Jan Robertson takes us along the Old Ghost Road track:

On 27 November Bruce and I flew to Nelson to join up with a group of four to walk the 5-day/4-night, 85km-long 'Old Ghost Road Track' which runs from Lyell in the Upper Buller Gorge to finish 4kms out of Seddonville.

This is the longest track in NZ, and is mainly a cycling track, allowing us to forgo tramping boots in favour of open sandals. Originally there were two gold-mining tracks at each end with a mountainous gap in between. In 2007 government granted funding of \$2m for the four well set-up huts (mattresses, crockery, utensils, and gas stoves) with outdoor composting toilets,



and a shower which involved a person filling the container above, which then gravity fed down when the tap was turned on. We soon realised it would be more pleasant to first heat water on the stove

to add to the cold. At the time we walked this track it hadn't rained for some time and helicopters were required to cart water to fill the tanks, at quite an expense.

DAY-1 At Nelson we boarded a shuttle for a 2hr-long trip to the start of the track and a steady climb through beech forest, past relics of old gold-mining claims and ghost towns, up to the first hut, Lyell Saddle Hut, 875m above sea level.

We passed a small disused goldmine and goldfield settlement- Seaterville- where miners used to travel in and out of the track on horseback with their children seated in boxes strapped on either side of the horse!

DAY-2 We climbed steadily up and along the tussock tops of the Lyell Range, with amazing views over rugged mountain ranges and mist-clad valleys, toward the stunning Ghost Lake and Hut nearby.

DAY-3 We passed the mystical and mossy Dragon's Creek forest before zigzagging across ridge-tops to come to the famous 'Skyline Steps' (which had involved the

construction of over 300 steps to descend the 60m drop to beech forest, a 6km section on this leg, which also included the building of three swing bridges and took a year to build), and on to Stern Valley Hut for the night.



DAY-4 Led us up the Earnest Valley and through open meadows past Lake Grim and Lake Cheerful, before climbing up through a mass of boulders known as the 'Boneyard' and on through 'the Hanging Judge'. The track then passes through scrub and grass covered valleys, and beautiful podocarp forest, to Specimen Hut situated at the head of the

spectacular Mokihinui River gorge.

DAY-5 Final day, and the track meets up with an old miners' track hugging to the bank of the Mokihinui River Gorge through scenic native bush where I came across a wild goat on the track just a few metres ahead looking straight at me, and was able to get a photo of it before it headed off into the dense bush lining the track. We walked out through the 'Old Ghost Road Arch' to complete what we would rate as one of the best tracks NZ has to offer.

We were blessed with extremely good weather and at the top, walking along the ridge (you wouldn't want to have a fear of heights), you could see for miles over this wilderness country. At one stage I thought the rest of the world could be falling apart and we'd be none the wiser. Currently 10,000 people cycle or tramp with full packs to complete this amazing track and the cost is the same no matter how many days it takes to complete.

Jan Robertson



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BRIDGESTONE TYRE CENTRE

How we can help the Monarchs

This time of year is a good time to be planting new shrubs and flowering plants and we can choose those plants which will encourage and support butterflies and moths.

Both butterflies and moths need two types of plants – they need nectar sources (flowers) on which the adult butterflies sustain themselves; and a particular host plant on which the female butterflies will lay their eggs. Many flowers – including native plants – are terrific sources of nectar for monarch butterflies, but milkweed (swan plant) leaves are the only food monarch caterpillars eat.

Female monarchs lay their eggs on milkweed – swan plants - so the tiny caterpillars will have access to food the moment they hatch. A female monarch can smell a swan plant from 2 kilometres away!

For nectar, adult butterflies usually choose flowers with bright colours, purples, pinks and blues in mass plantings. Hebes are very popular. Alyssum, candytuft, cleome, cineraria, salvia, rudbeckia,

verbena, zinnia and many more flowers are popular and easily grown in Northland.

These are some of the perennials we could be planting: Buddleia salvifolia (but NOT B. davidii), the original crimson bottlebrush, hebe spp., especially those bred by Jack Hobbs (which are all prefixed by Wiri, e.g. Wiri Spears, Wiri Dream etc), and also koromiko (Hebe stricta), manuka or tea-tree, marigolds (both calendula as well as single tagetes).

Then there's the Mexican white tree daisy, lily of the valley shrub, or poinsettia, Mexican marigold bush, Mexican sunflower, and herbs like origanum, thyme and chives.



The best guide is to watch butterflies in action, and see what flowers they are nectaring on. They will alight in the middle of the flower, and stay there for a while. You may even be able to see the proboscis extended into the middle of the flower. And have a very good supply of swan plants grown as big as possible.

There are other butterflies, of course, which will come along if conditions are good for them also! Here's looking forward to happy summers enjoying these beautiful creatures inhabiting your garden! PP

Autumn in the garden

What an unusual season we've had – such a cold snap in April – made us think it was winter already. I am still enjoying zinnias, fuchsia and the last of the dahlias with their bright colours but these are coming to an end along with the beans and cherry tomatoes.

So what's to be done this month? There's still time to plant out larkspurs, snapdragons, pansies, sweet peas, calendula, anemones and ranunculi. Also lobelia and cineraria should thrive. In the vegetable garden sow lots of peas. Sow in a broad row 10cm wide to make it worthwhile picking. Also sow broad beans, lettuce, onions and spinach.

Look after cabbage and cauliflower plants and protect from the white butterfly caterpillar as they seem to be with us nearly all year around. Guavas, the little yellow ones, have been great this year along with feijoas and figs. I think the heat helped.

Something I think most of us take for granted is soil. We are fortunate in Northland that we can grow our own food nearly all year round. I know our sticky clay soil is difficult to work with compared to the lovely volcanic soil found in the Whangarei area, but with the right treatment can be very productive. If you dig a deep trench in an unused part of your garden and bury your organic waste (such as peelings etc) and cover it well with soil you will be amazed at how your clay soil improves. If you want a quicker fix or are concerned about dogs or rats unearthing your organic waste then compost, either bought or homemade, will work miracles. Raised beds are also almost a necessity in many gardens with our high rainfall. Check your pH levels to ensure success. Most plants like a pH of 6.5.

Tomatoes, blueberries and other acid lovers prefer a lower pH with blueberries right down to 4.5-5.5! Cabbages and other brassica prefer a higher pH of 6.0-7.0.

Eating home grown food is such a great feeling.

Stella

A new way to remove the pest weed 'Wandering Jew'

Northland Regional Council have a biocontrol programme for Wandering Jew (*Tradescantia fluminensis*) which is a widespread weed in frost free parts of New Zealand.

As we all know, Wandering Jew thrives in shaded areas and grows in dense mats preventing regeneration of desirable plants in gardens and indigenous forests.

Herbicide sprays are only partially effective. However, in 2011 three species of beetle, imported from Brazil, were released in Northland and are successfully colonising in 30 sites. The "Shiny" beetle adults feed on the edges of the leaves, the stem borer, aka "knobbly", feeds and lay eggs inside the stems and the third species, aka "stripey", will feed on the growing tips. Together the three species will cause the death of the plant but this takes quite some time!

The three beetle species are all the same size, about 5mm in length: the 'Shiny' has beautiful coppery wings which fold over its back; 'Knobbly' has small raised bumps on its wings and 'Stripey' has yellow and black striped wings.

They are native to south-eastern Brazil and north-eastern Argentina and are host-specific to *Tradescantia fluminensis*. *Neolema ogloblini* was imported by Landcare Research and was released in 2011 after thorough testing checking that the flora and fauna of New Zealand were not at risk from it.

It is reported that this was the first time in the world that



Neolema ogloblini has been released as a biocontrol agent.

This summer, two sites in Paparoa have had over 100 'Shiny' beetles released on Wandering Jew in the hope that the winter is not too severe for them to get active and increase in number.

Collection workshops will be held again next year in January and February 2019 at a site on Otaika Valley Road and Kerikeri. All you need to bring is a container and a sharp pair of eyes. To register your interest for the workshops, contact Dr Jenny Dymock, Entomologist for the Northland Regional Council, jennydymock@editento.com, ph 09 406 0033.

For local information, contact Loraine Rowlands 431 7290. 

PLUMBER

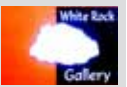
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WHITE ROCK GALLERY



Re-opening date is: when renovations are completed. We will return - hopefully to a brighter, classier gallery. It will be an exciting new start for us, so watch this space for advice of our Re-opening Sale. With extra time available, I'm sure our members will return with renewed enthusiasm and lots of new, creative work.

Kaipara Hunting & Fishing Club

We had a great turnout of 46 shooters for our 'Duck Shooters Claybird Shoot', at Cam's Farm on Sunday 7th April.

Fine weather and good sporting clay targets saw shooters getting their eye in for the opening of the duck shooting season. Along with prizes for each group we had many spot prizes plus the duck shooters \$700 package.

Thanks to our sponsors for the day:

Farm Source Maungaturoto; Maungaturoto Liquor; Mike Nola Sports Dargaville; and Northland Fish & Game.

NEXT CLUB EVENT is:

'Club Members Mixed Bag Weekend', weigh-in Sunday 13th May, 4-5pm at the club house. Joss

Results were :

MEN

- 1st Paul Dunnett
- 2nd Kuda
- 3rd Andy Thompson

LADIES

- 1st Lynn Needham
- 2nd Lydia;
- 3rd Megan
- 4th Ashleigh

JUNIORS

- 1st Jack Bradley;
- 2nd Bronson Wrathall

DUCK SHOOTERS PACKAGE PRIZE

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Which dolphin?

Unjumble the letters to find the name of each of these New Zealand dolphins

Y S U K D

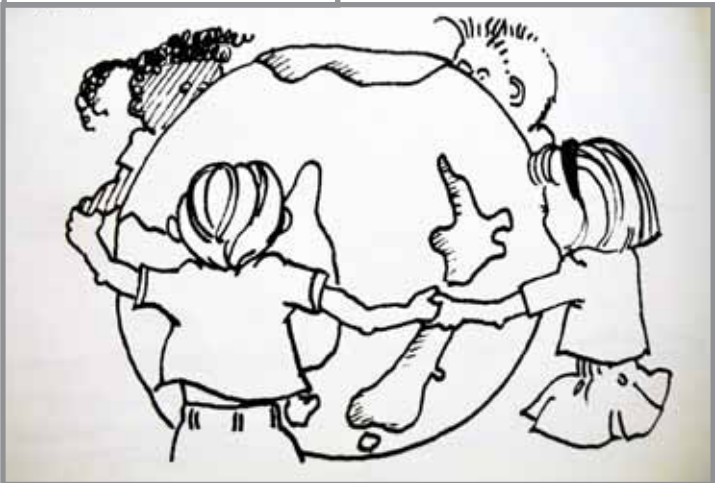
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Paparoa Library packs up

"Oh no, we're being shut away in the dark and no-one can read us" said the books from Paparoa Library. "It won't be for long and you'll be out in the light in a whole new house" said Jenny the librarian ...

It's Saturday morning and the kind folk of Paparoa Lions are down at the library helping pack away books and shelving. And to the other kind folk who popped in to help, Isaiah Stork, Arapeta Waata, Bryn Blythen, Eddie and Lynne Coates - We couldn't have done it without you, *thank you very much.*



Paparoa Lions dismantle library shelving
Debbie Blythen

Kōrero Māori - give it a go

The natural environment is something that is really well described in te reo Māori – mountains, seas, lakes and rivers form an integral part of Māori identity. It's really useful to know some of the key words (kupu) to describe your own environment and the changing world (te ao hurihuri):

- The environment – te taiao (pronounced "tie-oww")
- Mountain – te maunga/mounga (pronounced "mawn-gah")
- River – te awa (pronounced "ahh-wah")
- Hill – te puke (pronounced "poo-kay")
- Ocean – te moana (pronounced "mow-ann-ah")
- Harbour – te wāhapū (pronounced "waa-haa-poo")
- Sky – te rangi (pronounced "rang-ee" – roll your "r" a bit!)
- Tree – te rakau (pronounced "rah-co")
- Beach – te one (pronounced "oh-knee")

For Māori, a personal introduction is a window to their history and their ancestral lands. This introduction is called a pepeha usually includes a person's mountain, link to a body of water (river, lake, sea) along with their tribal and marae affiliations. Next month we'll talk more about the structure of a pepeha so you can think about your own.



Want to know more about local history and learning Māori? Please contact local kaiako (teachers) Thomaseena Paul stp@otamatea.school.nz or Reno Skipper matuareno@gmail.com for further information about classes in the new year.

Kōrero Māori – It's fun – give it a go!

Pahi fishing competition



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Paparoa Lions - Hibiscus Coast Motorsport



For a number of years, the Paparoa Lions have raised money catering for the Hibiscus Motorsport Club's ralliesprint held in February in and around Paparoa.

This year, because of the high number of entries, Hibiscus Sport has donated an extra \$500 to the Lions Club.

They wrote that they wished to put something back into the Paparoa community to acknowledge the use of the roads and support provided by

local organisations."

This event brings a good number of spectators and supporters to our area. The Paparoa Hall and the North Kaipara Agricultural Association both also received payment for use of their hall and grounds.



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Pets in the Valley

Hi there I'd like to introduce Zoe - a wonderful dog whom we could all learn some life lessons from. Zoe unfortunately has a degenerative spinal condition that slowly but surely has rendered her paralysed in her hind legs.



Luckily Zoe has the best owners in the world as well as the best attitude possible. Definitely a girl who looks on the bright side of life. Zoe was getting to the point where the use of her hind legs had

deteriorated to the extent that she was starting to get sores from dragging her feet when they knuckled over - she couldn't feel the abrasions.

Her owners thought the time was up for Zoe despite her still tearing around like a idiot as she has been all her life! They decided to investigate the use of wheels to help her get around. As always the internet is a good starting point - you can buy custom made carts from America but they are very expensive and time was vital.

So a good old do it yourself attitude, a relative with some old mountain buggy wheels and a few bits and pieces, and chariot Zoe arose! She has become very adept at manoeuvring her cart and her shoulder muscles are up there with Valerie Adams. It's lovely to have Zoe around for a while longer.

Happy autumn, Janine

Racquet Sports



TENNIS

Tuesday afternoons and evening tennis has stopped now for the winter, although Friday morning continues at 9.30am weather permitting. Contact Sue 431 6224

TABLE TENNIS

Continues Tuesday evenings in the Paparoa Sports Pavilion at 7.30pm. It would be great to see some new or returning players. Contact Pete 431 6822

PAPAROA BADMINTON

Recommences Thursday evenings, starting Thursday 3 May at Paparoa Hall 7pm. This is for high school aged students and adults. \$2 students, \$3 adults. Some rackets available, all levels. Contact Pete 431 6822



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- * Textiles - The Everyday Apron
- * Anzac display - from 21 April to 8 June

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5 Church Road, Matakoho, Northland. p: 09 431 7417 w: www.kaurimuseum.com

Medi-Matters - Do you think I've got Arthritis Doc?

Well we all know about arthritis don't we? The answer should be simple - and it most often is. The real question is what sort of arthritis, how to find out, and how best to treat it? Not all arthritides are created equal and some can be surprisingly difficult to diagnose with just basic x-rays and blood tests.

Is this Arthritis? Well yes it is!



Classic osteoarthritis causing symmetrical swelling and deformity of the distal interphalangeal joints.

Rheumatoid arthritis (RA) and osteo-arthritis (OA) typically cause symmetrical joint problems. BUT not always. Early RA and OA may both cause unilateral problems and as the diseases progress one side may outstrip the other in severity.

Osteoarthritis has always been seen as the disease of aging. Aka wear-and-tear on the joints. While age and wear-and-tear certainly contribute, it is by no means the whole picture. OA is now seen as a 'disease' in its own right and a genetic factor is suspected.

RA has always been considered a disease in its own right

(Auto-immune) and with a strong genetic factor.

Is this Rheumatoid Arthritis? YES. But with a twist. We all recognise the wasting and deformity associated with RA - none better than the RA sufferers themselves - but what we have to take into consideration is that most RA (and other forms of arthritis) on immune suppressant therapy such as methotrexate, leflunomide etc. may develop a septic arthritis without feeling systemically unwell, and without the florid signs of fever, redness and exquisite pain normally associated with septic arthritis. This is in fact a lady with RA, on immuno-



suppressants who developed a septic arthritis of the wrist and thought it was just a flare of her Rheumatoid arthritis.

Take home message here is that anyone who knows

they have arthritis of any sort (especially if on Disease modifying agents but not exclusively), should not assume that a new painful joint is just a flare of their known disease because a septic arthritis is a serious condition that can cause total joint destruction within days and lead to life threatening septicemia.

Now what have we here? Is this arthritis? Hell it could be anything...



Acute Gout? A bee sting? A broken bone?? Poly-myalgia Rheumatica?

No, it was actually adult onset juvenile Rheumatoid arthritis following on after a viral infectious disease.

Arthritis is not always what it seems to be.

Dr Lynne

Letters from The Old Post Office

The gentle Easter bunny



Well, the gentle Easter bunny has been and gone and instead we have the rabid rabbit of the frigid north. No longer a question of relaxed frolicking in the meadows but hunched scurrying against the biting wind.

The man *in* the shed was not having any nonsense about getting out and about and garnering the last remnants of vitamin D. No indeed. Plenty of essential nutrients in hops. So, it was with trepidation and apparent reluctance that the idea, the merest suggestion, of an Outing was broached.

"Darling," I murmured winsomely. No response. Abandoning that tactic I bellowed, "Oi!" A grunt indicated that I had his attention, well some of it. "Sweetpea," I trilled. Softly, softly is always a wise start. Le force majeure is saved for the follow up. "Your aged relatives have requested your presence at a small, select soiree."

"What for? Saw them five years ago," the man who wished to stay in the shed snapped.

"For the sake of your sweet face?" I suggested. I will not stain this page with his response. Needless to say force was required. Emotional blackmail. Namely, the suggestion of possible death from extreme age, tragedy, guilty conscience etc etc. And, the man in the shed was turned out of the shed. Not only turned out but Turned Out. Spotless shirt, ironed trousers and smart shoes.

The aged relatives were enchanted.

Deb

"The greatest strength is gentleness."

- Iroquois Proverb

"Kindness is the language which the deaf can hear and the blind can see."

- Mark Twain

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OUT & ABOUT AROUND TOWN

Accolade for local business

"I recently visited Kaipara Flooring in Maungaturoto to get advice on flooring options for our home. Christine, the owner, impressed me with her vast knowledge of all types of flooring; she provided a personal & professional service & has a good range of flooring products in the shop to choose from. Thank you Christine for all your help."

C Flood

Queen's Birthday Weekend Auction

- Rotary and The Den will hold a combined auction on Saturday 2nd June at the Maungaturoto Centennial Hall (see details page 7).

Order your firewood from the Lions now for winter. Call Stephen Findlay 431 6148.

Our condolences to friends and family of William (Gus) Benzie of Paparooa who died suddenly on 8 April.

List your business on the paparooa.org.nz website. Newcomers and locals need to know how to find you. See details on how to list on page 3. If you have difficulty, email paul@sme-sitedesign.co.nz

Little Kiwis Move 'n Groove advise a change of venue: sessions will now be held at the Sports Pavilion, Paparooa Showgrounds, 10-10.45am and will be held each Friday during school terms, ph Diane 021 292 4105.

Hubands promotion to win a new Samsung 32" TV is on to the end of May. Be in to win!

Simply spend a minimum of \$50 in one visit to their retail yard to be in the draw.

Kaipara Hunting & Fishing Club's next event is 'Members Mixed Bag Weekend', weigh-in Sunday 13th May, 4-5pm at the club house.

The Matakoho Cycle/Walkway group will meet again 4pm, June 21st, at the Matakoho Hall to discuss progress. If you are interested in being part of this project please contact: Alex at mathouse@xtra.co.nz or Stella stella.clyde@gmail.com or turn up to our next meeting.

Racquet Sports - Badminton starts 3 May. Tennis has stopped for the winter. Table tennis continues Tuesday evenings. See details page 16.

Tinopai Pool Club welcomes new members

Now in it's 35th year the Tinopai Pool Club has just reopened for the 2018 season and is welcoming new members.

The Club caters for all levels, from absolute beginners who may be looking for a little tuition to get started, right through to a reasonably high level of more advanced players and, while competition can be hot during Club Trophy days, the overall emphasis is strictly on fun.

Home and away games with other clubs are the highlight of the year's regular events and in these, Tinopai has a proud reputation of bringing home its share of silverware.

So if you are a 'newbie' who may need a little tuition to

experienced player who enjoys a good competitive game with friendly locals then come down and have a go.

The club has its own clubhouse boasting three tables. Membership fees are extremely low at \$20 per year and a small fee is charged to cover costs on Thursday club nights. Home and away games and club tournaments are generally free.

For more information contact:

Club president Walter Smith 431 7219 or Treasurer Jane Schultz 431 6863.



Club Member Lance lines up for a winning shot on a recent Thursday club night

get started and would like to give pool a try, or a more

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WHAT'S ON - MAY 2018

The Kauri Museum open 7 days, free entry to Otamatea District residents

- Events : 5 May - Merry May Day Dance
- Exhibitions : 'Tudor Collins - Man of Many Faces';
Textiles - 'The Everyday Apron'; Anzac Display - 21 April-8 June;

REGULAR EVENTS, MEETINGS AND ORGANISATIONS

- Anglican Church St Marks** 1st, 2nd & 4th Sundays 10am, Hook Road, Paparoa
- Ararua Church** 10.30am every Sunday, All welcome ph 431 6622
- Art Studio, Ruawai** Wed 10-12noon ph Frances 439 2554
- Arty Farties** Thur/Fri/Sun at the "Tile Shed"; Garage sale Sundays 10am to 2pm; Beginners Patchwork, Mon 7pm, Te Pahi River Dr. For info: ph Anne 431 6229
- Badminton** Thurs 7pm, Paparoa Hall, \$2 students/\$3 adults ph Pete 4316 822
- Crafternoons** 1st & 3rd Wed in month, 10.30-4pm, Tinopai Hall ph Jo 431 7219
- Exercise to Music** Tue 10.30am Paparoa Hall \$5 ph Rose 431 7418
- Farmers' Market** Every Saturday 9-noon, Village Green. Contact Ruth 021 433 969
- Grey Power** Last Wed in month, 1pm, Anglican Church Hall, Mgt
- Kaipara Marching Team** Weds 4-5.30pm, M'gto, ph Rose Plunkett 431 7418
- Library** Closed pending completion of building renovations by Medical Society re-opening date to be advised.
- Line Dancing** Thurs 10am-noon Paparoa Hall ph Rose 431 7418
- Little Kiwis Move'n'Groove** Fri 10-10.45, Sports Pavilion, ph Diane 021 292 4105
- Mainly Music** Wed 9.30am Paparoa Comm Church, Carolyn Poyner 4316008
- Maungaturoto Opportunity Shop** Open Mon 10-1pm Wed 10-3pm Fri 10-3pm
- Music Makers** Second Wed, monthly, Pap Sports Pavillion, 7pm. 4316 722
- Otamatea Quilters** 1st and 3rd Mon month 10am, Paparoa Hall 09 439 2262
- Outdoor Bowls** Maungaturoto Green ph Tony 431 6026 or Brian 431 6884
- Pahi Hall** available for hire ph Sherryl Corbett 431 7127
- Paparoa Community Church** 10.30am every Sunday, 4 Hook Road 431 7106
- Paparoa Garden Circle** 2nd Wed of month Marg Bailey secretary. 09 280 9897
- Paparoa Hall Functions venue** ph Robyn 431 7306 or a/h Loraine 431 7290
- Paparoa Lions Dinner Meetings** 3rd Mon in month 6.30pm, Sports Pavilion
- Paparoa Playcentre** starts 30 Jan. Tuesday and Thursday 10am-1pm Visitors Welcome ph Bianca 431 6730 txt 021 782 456 or ph Jane 431 6148 paparoa@playcentre.org.nz
- Paparoa Primary School** Term 1 ends Friday April 13, Term 2 starts April 30
- Paparoa Toy Library** Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330
- Paparoa Volunteer Rural Fire Force (VRRF)** 1st and 3rd Tuesday of the month 6.30pm Depot Rd ph Cohan 431 6668
- Plunket Ready Steady Wriggle Playgroup** Mondays 10am-12 Paparoa Sports Pavillion Tina Ball 021 033 5128
- Sacred Soul Circle** 2nd Sundays, 10am-12 Marohemo Hall Helen 021 938 024
- Selwyn Centre** Thurs 10am for over 65's, St Marks, Hook Rd, ph 431 8193
- Sports Pavilion Functions Venue** Bookings ph Jane Bailey 431 6148
- St Mary's Catholic Church** 10am Wed, 6pm Sat, Maungaturoto
- Table Tennis** Tues 7.30pm, Sports Pavilion \$2 Pete 431 6822
- Tennis** In winter recess (Fri 9.30am if dry) ph Sue 431 6224 or Pete 431 6822
- Village Flea Market** 1st Sunday every month in the village 9am-12pm.
- Waka Ama** Tue & Thu 5pm, Sun 10am, Pahi Domain, ph Grant 027 474 3856
- White Rock Gallery** Closed pending completion of renovations by Medical Society re-opening date to be advised when known.
- Yoga:** Monday: 6-7.15pm Mgt Centennial Hall: suitable for all levels
Thursday mornings: coming soon. Ph Annie 027 427 2644 for more info

PLEASE UPDATE US WITH YOUR DETAILS: press@paparoa.org.nz 

HOOK, LINE & SINKER



There are a lot of nice snapper around at the moment, with gurnard and kahawai making a comeback with some nice sized fish being caught.

The Pahi Fishing Competition was good with some nice fish being caught and a lot of people around.

Happy fishing

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LOCAL TIDES for May 2018

MAY TIDES - CALCULATED for PAHI-WHAKAPIRAU

DATE	LOW	HIGH	DATE	LOW	HIGH
1st	5.53pm	11.57am	17th	6.17pm	12.16pm
2nd	18.30pm	12.33pm	18th	7.05pm	1.06pm
3rd	19.07pm	1.10pm	19th	7.34am	1.59pm
4th	7.27am	1.48pm	20th	8.30am	2.56pm
5th	8.08am	2.30pm	21st	9.30am	3.58pm
6th	8.54am	3.18pm	22nd	10.34am	5.04pm
7th	9.48am	4.13pm	23rd	11.41am	6.12pm
8th	10.48am	5.16pm	24th	12.46pm	6.47am
9th	11.51am	6.21pm	25th	1.46pm	7.49am
10th	12.52pm	7.23pm	26th	2.39pm	8.43am
11th	1.46pm	7.45am	27th	3.27pm	9.31am
12th	2.34pm	8.33am	28th	4.10pm	10.14am
13th	3.18pm	9.18am	29th	4.50pm	10.54am
14th	4.02pm	10.01am	30th	5.28pm	11.32am
15th	4.46pm	10.44am	31st	6.05pm	12.09pm
16th	5.30pm	11.29am			

Community Directory

EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

COAST TO COAST HEALTH CARE

Maungaturoto Medical Centre: 8am-5pm Mon-Fri 09 431 8576
Paparoa Clinic: CLOSED TEMPORARILY - FOR BUILDING ALTERATIONS
For urgent after hours medical service (Wellsford)..... 09 423 8086

DISTRICT NURSE Dargaville Hospital 09 439 3330
Healthline - 24 hour service..... 0800 611 116

HOSPICE KAIPARA Dargaville Hospital 09 439 3330

KAIPARA DISTRICT COUNCIL Helpline 0800 727 059
Mangawhai Office..... 0800 100 388

LINKING HANDS Health Shuttle Service, Maungaturoto 09 431 8969

LIONS CLUB PAPAROA Secretary Mark Pilkington09 431 7369

MAUNGATUROTO PHARMACY 09 431 8045

MAUNGATUROTO REST HOME 09 431 8696

NKT RECYCLING Huarau Road 10am - 2pm Mon-Sat....021 08 207 395

OTAMATEA COMMUNITY SERVICES Community House 09 431 9080

PAPAROA LIBRARY Free Membership 09 431 7555
Closed pending completion of building renovations
- re-opening date to be advised as soon as known

PAPAROA PLAYCENTRE paparoa@playcentre.org.nz

PAPAROA PLUNKET Clinic 4317340 Cynthia Keay 0276753488
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PAPAROA PRIMARY SCHOOL 09 431 7379

PROGRESSIVE PAPAROA INC (PPI)Graham Taylor... 09 431 7209

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Press Photo Competition - 'INTERESTING BUILDINGS IN THE KAIPARA'



This month's winner:
Ratana Church at Parirau, Matakoho
 - Sue Plunkett

The competition is for photographs which capture the building's story and environment in a photo. This month's winner: **Sue Plunkett** for her photograph *Ratana Church at Parirau, Matakoho*. The judge commented that "the use of space around the building places it in the rural context without losing the focus on the church - which holds the central place within the composition". Congratulations Sue!

The Zion Church at Parirau, Matakoho was built in 1889 on Otuhianga Road. It converted to Ratana during the 1930s. There's currently an effort underway for fundraising to restore this beautiful building which started life as a place of Anglican worship for a group of Te Rarawa, who had migrated from Whangape, Herekino and Ahipara to the Parirau area to find work in the nearby gumfields and forests.



St Michael on the Hill
 - Sarolta Bernhardt



Old Matakoho School
 - Joy Bonham



Pioneer Church Matakoho
 - Joy Bonham

St Michael on the Hill is a quintessential Northland Anglican Church hidden up behind trees on a hill on the Tinopai road at Hukatere. From the road all that can be seen is one of the roof crosses between the trees. The sign at the building says it was constructed in 1845, though NZ Historic Places has it recorded as 1861 in their register. Available for hire, it is beautifully maintained inside and out with original wooden interior fittings.

CALL FOR ENTRIES: June is the last opportunity for entries in our current competition. Please submit your entries by 20th May latest. Send to: press@paparoa.org.nz with 'Photo Competition' in the subject line.

The Grand Prizewinner, selected from all entries submitted over the three months, will receive a beautiful 16x20" (approx 41x51cm) ready-to-hang high quality canvas print from Harvey Norman, Whangarei, of the winning image (or any image of choice) value \$99. Second prize will be a beautiful 7x5" (18x13cm) photo frame from Skelton's Drapery, Paparoa. We are indebted to these companies for their generosity, and encourage our readers to consider using their services whenever possible!

PP

Five Questions for - Alan Hilton

When did you come to live in Paparoa? *After 3 years of coming for weekends with my wife Vicky, we decided to live full-time in April 2017.*

Where were you living before this? *I was born in Kingsland, Auckland and after leaving school did an Apprenticeship for a furnisher/upholstery career. I eventually moved to live in Pukekohe.*

Where were you working before coming north? *To complete my experience I worked for Howick Upholsters to learn how to do 'recovery' work. From there I was employed by Air New Zealand and worked in all soft furnishings of aeroplanes - from carpets, seating and ceiling/wall coverings. First working on jumbos, the 74's, 76's, 777's and Dreamliners came and went while there; I also worked on other international airliners.*

Have you been kept busy since moving to the Kaipara? *Yes but I am now wanting to expand my reach. I have joined the Paparoa Lions Club and help at working bees and so on; also working on improving my workshop.*

Why the move to Paparoa in particular? *Vicky owned a small acreage with bush and loves it. After many weekends up here, I followed her up, hoping to make a living from upholstery. I love Paparoa's small town friendliness and slower pace of life.*



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